



Marching Ahead....

The Horizon

Issue No 18- 1 August 2024

Monthly Newsletter of The Rotary Club of Nagpur Horizon

President Rotary International
Stephanie Urchick

District Governor
Rajinder Khurana

President
Deoyani Shirkhedkar

Hon Secretary
Shrivallabh Kothe

Editor
IPP Dr Rajesh M Ballal

July 1

Vaanaja- Thematic Tree Plantation at Maharshi Stree Shikshan Sanstha

Rotary Club Nagpur Horizon (RCNH) in Collaboration with the concept partners The Katalyzer Foundation had initiated a thematic tree plantation program at the sports ground of Maharshi Karve Stree



Shikshan Sanstha (MKSSS). This initiative, thoughtfully named "Vaanaja" which means "Forest Girl," was an initiative of the newly appointed Lady President of the Rotary Club Nagpur Horizon, Rtn. Deoyani Shirkhedkar and Director Environment Rtn Sunil Banubakode.

Birthdays in August

- 3 RtAnn Sharmila Ghosh
- 15 Rtn Rupali Morey
- 16 RtAnn Mamta Gourkhede
- 18 RtAnn Apoorva Jichkar
- 19 Rtn Dr Ajay Lanjewar
- 19 Rtn Col Mukesh Shahare
- 19 RtAnn Swati Ambulkar
- 20 RtAnn Archana Nasare
- 21 Rtn Vinod Morey
- 21 Anil Wankhade

Forthcoming events- August

- 3-4 Chikhaldara Bliss- Picnic and BoD
- 14 Speaker meet- Adv Neelesh Gaidhane on Uniform Civil Code
- 24- Take Rotary Home
- 28- Speaker meet- Dr Vijay Sharma on Essence of Management learnings from Mahabharata

Congratulations

PP Surekha Thote scored 75% marks in Diploma in Dress Designing of MSBTE- Summer 24

PDG Dr Prafull Mokadam's collection of stories 'Drushtant' has been chosen by Vikas B Shukla for reading on his Youtube channel Vikasvani

The Katalyzer Foundation's Co-founder Ashish Kaswa, selected the 6 types of trees that were planted based on specific criteria- the spiritual value of the trees, their suitability for girls according to Ayurveda, their ability to cleanse air, produce oxygen to cool the ambient temperature, and their contribution to creating biodiversity.



The Board of Directors

Director Club Membership Rtn. Sukhdev Singh Notey, Director Young Generation Rtn. Dr.Devayani Bodkhe, Director Public Relations Rtn. Kanishka

Singhee, Director TRF Rtn. Makhanlal

Rathi, Director Vocational Services Rtn. Dr. Archana Deshpande, Director Environment Rtn. Sunil Banubakode, Director RCC Rtn. Madhukar Meshram, Club Mentor PDG. Dr. Praful Mokadam and Club Trainer Rtn.Col. Mukesh Shahare

The Out -going President Dr Rajesh Ballal in his report highlighted the events and service projects taken on in his term. Growing membership of the club and the community out reach projects taken on by the club members to bring about positive changes in Salai Pevat.

Pres. Deoyani Shirkhedkar in her acceptance speech highlighted activities to be undertaken and sought cooperation to raise the bar. The first project completed in her tenure was "Vanaaja" a tree plantation project at Maharshi Karve Stree Sikshan Mandals ground in Nargundkar Colony, Deonagar on the 1st of July. '24. She wishes to focus on Public Relations and branding of the club as a thrust area and also involve more and more club members in to the projects, truly living this years RI theme- the Magic of Rotary. Under the health care projects taken on by Rotary, she purports to promote fitness via free Yoga classes.



President Deoyani Shirkhedkar

A few New members were inducted into the club by the DGE Dnyaneshwar Shewale. Members who performed outstanding work in last term were felicitated by our esteemed guests.

These included Rtn SS Notey- Best Rotarian Rtn Dr Kundan and Dr Mrs Ashwini Wadhai- Best Rotarian couple Rtn Dr Vijay Bedekar- Best Director RtAnn- Mamata Gorkhede- Best RtAnn PP Col Mukesh and Rtn Mrs Vijaya Shahare- Special recognition for the publication of The Horizon Other Special Recognition PP Sudhir Thote Rtn Madhukar Meshram

Rotary Club District Governor (RID 3030), Rtn. Rajinder Khurana, First Lady Ginny Khurana graced the tree plantation program as its Chief Guest. The plantation was attended by the Co-founder of TheKatalyzer Foundation, Ashish Kaswa and the Managing Committee of MKSSS Dr. Dhananjay Kulkarni (Pune), Dr. PVS Shastri (Pune), Shrikant Chitale, Hemant Ambaselkar and Shrikant Gadge, fellow Rotarians, secretaries and presidents, from other clubs in the district and about 30 members from RCNH.

"Vaanaaja" aims to enhance the natural beauty of the sports ground while providing numerous environmental benefits. This project reflects the Rotary Club Nagpur Horizon's commitment to sustainability and environmental stewardship. By planting these carefully selected trees, the initiative not only aims to create a serene and spiritually enriching

6 July Installation Program

Deoyani Shirkhedkar & Shrivallabh Kothe Installed as President & Secretary of Rotary Club of Nagpur Horizon

The new team of Rotary Club of Nagpur Horizon was installed on Saturday, 6 July, 2024 at Nakshatra Banquet, Pratapnagar, Nagpur. The DG Elect Dnyaneshwar Shewale was Chief Guest, and AG Rajiv Behal & Dr.Sunita Wadhawan were the Guests of Honour . Deoyani Shirkhedkar took charge of the club for the year 24-25 from Dr. Rajesh Ballal and is it's First Lady President . Rtn. Shrivallabh Kothe ,takes on the role of Secretary from his predecessor Rtn. Sanjay Dhawad.

The other office bearers included the following Vice President Rtn.Sanjay Dhawad, Joint Secretary Rtn. Maj.Koshal Nasare,



Chief Guest DGE Nana Shewale

Treasurer Rtn. Dhiraj Gourkhede, Sergeant at Arms - I Rtn. Sudhir Thote, Sergeant at Arms - II Rtn. Vivek Garge, Director Projects Rtn. Mrinal Mokadam, Director Programs Rtn. Vijaya Shahare, Director Club Admin Rtn. Vijay Ambulkar, Director Service Projects Rtn. Dr. Vinod Khandait,



Floral welcome Guest of Honour Mrs Sunita Wadhawan

Rtn Vijay Ambulkar
Rtn Ajay and RtAnn Mrs Poonam Malik
Rtn Dr Devayani Bodkhe and
Rtn Rupali More
A Roster, as well as the News Bulletin - "The Horizon", of the club were released at the hands of the dignitaries.

A small skit 'Spectrum' on Rotary Clubs focus for social work was presented at the start of the programme. The participants in the skit written by Rtn Kanishka Singhee were-

1. Rt. Ann Mamta Gourkhede
2. Rt. Ann Dr Nirali Shirrao
3. Rtn. Dr Vijay Bedekar
4. Rtn. Kanishka Singhee



Members performing the Skit



Rtn Dr Ketan & RtAnn Dr Pallavi Modak were the Masters of Ceremony.

AG Rt. Rajiv Behal, represented DG Rtn. Rajinder Khurana and kindly presented the DG's message to the club praising the clubs efforts in the past year, encouraging the club to focus on fundraising via CSR and other activities, taking on more

Master of Ceremonies and the Backstage support

challenging projects that also engage in enhancing the image of the Rotary Clubs, garnering new memberships. New memberships in Rotary are stagnating and require a boost.

The guests of honour- Dr. Mrs. Sunita Wadhawan and DGE Dyaneshwar (Nana) Shewale



Media coverage

also encouraged the club members and officers with their words of wisdom.

Hon Secretary Shrivallabh Kothe proposed the vote of thanks. Members from various Rotary Clubs from the District

3030 also graced the occasion. SEED Balls were given to all present to throw in open areas and grow more trees.

13 July Birthday Project Umbrella Distribution



On the occasion of the birthdays of Rtn. Amol Dharmadhikari, President Deoyani Shirkhedkar and PP Vivek Garge of the Rotary Club of Nagpur Horizon, Umbrellas were

distributed to the needy to protect them from the rain in the monsoon.

The umbrellas were distributed to street vendors, service staff and hawkers under the focus area of community service. The distribution of Umbrellas will



continue throughout the monsoon and the Umbrellas have been made available to RCNH members for distribution.

The project was attended by 12 members of RCNH and the umbrellas

were distributed in the Subhash Nagar area and the Phutala, Telangkhedi area. Members attending included President Deoyani Shirkhedkar, PP Vivek Garge, Hon Secretary Shrivallabh Kothe, PDG Dr Prafull Mokadam, PP Mrs Mrunal Mokadam, Rtn Makhanlal Rathi, PP Col Mukesh Shahare, Rtn Vijaya Shahare, Rtn Ajay Malik, Rtn Dr Ashwini Wadhai, Rtn Prashant Mehta and RtAnn Kanan Mehta and they worked in 2 teams to distribute the Umbrellas contributing to the success of the project.



So far about 12 umbrellas have been distributed out of a total of 50. The cost of Umbrellas has been shared by Rtn. Amol Dharmadhikari, PP Vivek Garge and President Deoyani Shirkhedkar.

17 July

Speaker Meet- Prof Dr Suresh Chari Leadership is about action, not position

The first speaker meet of this Rotary year was by an eminent speaker Dr Sue Chari who spoke in his inimitable style on how the concept of Leadership had changed over the years and was now all about leading by example and creating new leaders well as about man management through empathy and understanding rather than just giving orders and expecting these to be followed. He stressed that a leader should develop an atmosphere such that the work would go on efficiently even in his/her absence.



Earlier Dr Atish Bakane introduced the speaker. PDG Dr Prafull Mokadam welcomed the speaker and related some anecdotes about his early association with Dr Chari. The meeting ended with Club announcements, vote of thanks by Hon Secretary Shri Kothe and the National Anthem.

27 July

Take Rotary Home

A Celebration of Community, Food, and Nature

Introduction

The first "Take Rotary Home" event for the year 2024-25 was a vibrant celebration that brought together community members for an evening filled with food, games, and a commitment to sustainability. Held at our RCNH club secretary Rtn Mr. Shrivallabh Kothe's house, this event aimed to promote the values of Rotary International while fostering a sense of togetherness among participants. The TRH was attended by president Rtn Deoyani Shirkhedkar, Rtn Mr. Sunil Banubakode and Ann Anjali Banubakode, Rtn Dr. Ketan Modak and Ann Pallavi Modak, Rtn Kanishka Singhee and Mr. Singhee, Rtn Deeraj Gourkhede and Ann Mamta Gourkhede and Rtn Ajay Malik and Ann Poonam Malik.



Food and Festivities

The highlight of the event was undoubtedly the diverse array of food

available. Attendees were treated to a buffet featuring local delicacies, homemade dishes, and a variety of snacks that catered to all tastes. From savory aloo bondas to refreshing salads, the culinary offerings reflected the community's rich cultural diversity.

In addition to the delicious food, the atmosphere was lively, with laughter filling the air. Families and friends gathered around tables, sharing stories and enjoying each other's company. The event not only provided a delicious meal but also an opportunity for members to connect and strengthen their relationships.

Games and Activities



To keep the spirit of fun alive, various games and activities were organized for attendees of all ages. The highlight was a throwing the cards into the umbrella competition.

A Gift for Nature: Tulsi Saplings

As a token of appreciation for the participants' involvement, each attendee received a gift of a Tulsi sapling. This thoughtful gesture served multiple purposes: it symbolized a commitment to environmental sustainability, encouraged the practice of gardening, and provided a lasting reminder of the event.

Conclusion

The "Take Rotary Home" event was more than just a gathering; it was a celebration of community spirit, shared values, and a commitment to a sustainable future. With delicious food, engaging games, and the gift of Tulsi saplings, attendees left with fond memories and a renewed sense of purpose. The event exemplified the essence of Rotary—bringing people together to make a positive impact both locally and globally.

31 July

The Diabetes Enigma by Dr Devyani Buche

In the second speaker meet this Rotary year Maj. Dr. Devyani Buche, enlightened us RCNH, on "The Diabetes Enigma" talking about the impact that Diabetes has on our systems and organs."

Diabetes Enigma " refers to the mysterious and complex nature of diabetes, a chronic



condition characterized by high blood sugar levels. The term "enigma" suggests that diabetes is a puzzle or a riddle that is not yet fully understood, despite ongoing research and advances in medical science.

The diabetes enigma encompasses various aspects, including:

1. Causes and risk factors: The exact causes of diabetes are still not fully understood, and researchers continue to uncover new risk factors.
2. Complex pathophysiology: Diabetes involves a intricate interplay of hormonal, metabolic, and genetic factors, making it challenging to manage and treat.



3. Variable symptoms and progression: Diabetes can manifest differently in various individuals, and its progression can be unpredictable.

4. Treatment challenges: Finding effective and personalized treatment strategies for diabetes remains a significant

challenge.

By acknowledging diabetes as an enigma, we recognize the need for continued research, innovation, and collaboration to better understand and combat this complex condition.

All the above points and many more were covered in a very lively and interactive session with a capacity audience. Earlier Jt Secretary Major Koshal Nasare introduced the speaker. The meeting was chaired by PP Mrs Mrinal Mokadam in the absence of President Deoyani Shirkhedkar.

Constitutional provisions of Wildlife Conservation in India

Rtn Sunil Banubakode

India has an excellent history of conservation. Conservation in India found its roots when the killing of animals were strictly prohibited in and around the Ashramas (hermitages) allotted to Rishi-Munis. Around the third century BC, the founder of the Mauryan empire—Chandragupta Maurya, appointed a Kupyadhyaksha or Forest Department Head. This officer was in charge of implementing the Game Laws laid down in the manuscript known as the Arthashastra written by Kautilya, the then Prime Minister of the Mauryan Empire. This in effect became the first official administrative document to spell out wildlife conservation measures.

Chhatrapati Shivaji Maharaj had issued a "Aadnyapatra"(order) about management of forest, especially for important timber species like teak and fruit species like Mango and Jack fruit. He ordered to remove only dead trees and for navy, if the timber is required to be procured from forest, then it necessitated the written orders. Many other kings in India were known to have protected forests/reserves for hunting and for timber as well as other forest produce.

Environment and Constitution of India:

As per the Environment (Protection) Act 1986, "environment includes water, air and land and the inter-relationship which exists among and between water, air and land, and human beings, other living creatures,

plants, micro organism and property".

The Indian Constitution contains specific provisions for environment protection under the chapters of Directive Principles of State Policy and Fundamental Duties. The absence of a specific provision in the Constitution recognizing the fundamental right to clean and wholesome environment has been set off by judicial activism in the recent times.

Articles 48-A and 51-A. Clause (g):

Initially, the Constitution of India had no direct provision for environmental protection. Global consciousness for the protection of environment in the seventies, Stockholm Conference and increasing awareness of the environmental crisis prompted the Indian Government to enact 42nd Amendment to the Constitution in 1976. The Constitution was amended to introduce direct provisions for protection of environment. This 42nd Amendment added Article 48-A to the Directive Principles of State Policy.

Article 48-A: The Article states: "The State shall endeavor to protect and improve the environment and to safeguard the forests and wildlife of the country."

Article 51-A, Clause (g):

This amendment imposed a responsibility on every citizen in the form of Fundamental Duty.

Article 51-A (g) which deals with Fundamental Duties of the citizens states:

"It shall be the duty of every citizen of India to protect and improve the natural environment including forests, lakes, rivers and wildlife and to have compassion for living creatures."

Thus, protection and improvement of natural environment is the duty of the State (Article 48-A) and every citizen (Article 51-A (g)).

In T.N. Godavarman Thirumalpad v. Union of India & Ors., (2002) 10 SCC 606, a three-Judge Bench of Hon. Supreme Court read Article 48-A and Article 51-A together as laying down the foundation for a jurisprudence of environmental protection and held that "Today, the State and the citizens are under a fundamental obligation to protect and improve the environment, including forests, lakes, rivers, wild life and to have compassion for living creatures".

Taking this ahead, it is clear that efforts to fulfill these obligation by treating the ailing and injured wild animals is our fundamental duty as citizens and creating the facilities and infrastructure for such treatment of wild animals amounts to service to the nation.

Credits

Writers- Rtn Dr Sudhir Mangrulkar, RtAnn Poonam Malik, Rtn Kanishka Singhee
Editor- IPP Dr Rajesh M Ballal

The Quiz page

After the success of the Quiz page by our previous Editors PP Col Mukesh Shahare and Rtn Mrs Vijaya Shahare, we are continuing the same this year too with an added incentive. The winners stand to win a 'Paithani saree' or an 'Irkali saree' two times in a year.

The rules are given below. Please read carefully

- **The monthly quiz carries maximum 20 points, 10 each for Rotary quiz and General quiz.**
- **The General quiz is divided in 4 parts- Logic quiz, Bollywood quiz, General Knowledge quiz and Nature quiz with points distributed as per degree of difficulty.**
- **The Rotary quiz is in the form of Multiple choice questions and all the answers can be found out from the site Rotary.org or even other sites containing Rotary information. This is an incentive for members to visit these sites.**
- **Prizes will be given monthly, based on first three correct or maximum correct entries. At the end of six months, total points of individual members scored in the Rotary quiz will be added and the highest scorer will get the grand prize of a Paithani/ Irkali Saree. So even if you miss the monthly prize you still have a chance to win the grand prize. In case of equal points the winner will be decided by draw of lots.**
- **The Grand prize will be given only if there are 15 or more entries every month. A couple can send entries separately but these will be counted as one for the total of minimum 15.**
- **THE GRAND PRIZE OF A SAREE IS FIXED EVEN IF THE WINNER IS A MALE.**
- **Last date for receiving entries is the 15th of every month (till 12.00 midnight) Send all entries on my whatsapp.(9823280178) So put on your thinking cap and start.**

The Rotary Quiz (10 points)

1. **The first four Rotarians were**
 - a. Gustavus Schiele, Paul P. Harris, Silvester Shorey, Hiram E Loehr
 - b. Gustavus Loehr, Silvester Schiele, Hiram E. Shorey, Paul P. Harris.
 - c. Gustavus Shorey, Hiram E Schiele, Silvester Loehr, Paul P Harris
 - d. Harry L Ruggles, Silvester Schiele, Hiram E. Shorey, Paul P. Harris.
2. **On 4th May in this year the US Supreme Court ruled that Rotary clubs can admit women as members.**
 - a. 1985
 - b. 1986
 - c. 1987
 - d. 1988
3. **Much before the above, in 1950, an enactment to delete the word "male" from the Standard Rotary Club Constitution was proposed for the Council on Legislation meeting at the 1950 Rotary Convention by a Rotary Club from this country-**
 - a. India
 - b. Brazil
 - c. Canada
 - d. USA
4. **The first woman to serve as a President of a Rotary club was**
 - a. Sylvia Whitlock
 - b. Anne L Matthews
 - c. Elizabeth S Demaray
 - d. Jennifer Jones
5. **Harry Ruggles is well known in Rotary because-**
 - a. He was called the 'fifth rotarian'
 - b. He is known for having introduced singing to Rotary club meetings.
 - c. His printing company printed the first issue of The National Rotarian and the first Rotary songbook.
 - d. He was the first treasurer of the Rotary club
 - e. All of the above

6. **Rotary's president emeritus, Paul Harris traveled extensively during the 1920s and 1930s, often accompanied by his wife Jean. During these trips, he did this to symbolize goodwill and friendship**
 - a. exchanged Rotary flags
 - b. presented boards with the four way test
 - c. planted trees
 - d. distributed badges with rotary motto
7. **India went 3 full years without a new case caused by the wild poliovirus, and the World Health Organization certified India as polio-free in this year**
 - a. 2013
 - b. 2014
 - c. 2015
 - d. 2016
8. **The Interact Club of Melbourne High School, sponsored by the Rotary Club of Melbourne, Florida, USA, became the first Interact club in this year**
 - a. 1959
 - b. 1960
 - c. 1961
 - d. 1962
9. **The Rotaract Club of the University of North Carolina, sponsored by the Rotary Club of North Charlotte, North Carolina, USA, was the first Rotaract club to receive its official charter in this year**
 - a. 1968
 - b. 1969
 - c. 1970
 - d. 1971
10. **Ann Brunner is well known in Rotary because**
 - a. She was the first woman RI vice President
 - b. She was the first woman Chairperson of Rotary Foundation
 - c. The term Rotary Ann was coined after her
 - d. She was the first woman charter member of a club

Logic Puzzle (4 points)

Four people are crossing a bridge at night, so they all need a torch—but they just have one that will only last 15 minutes once it is put on. Pallavi can cross in one minute, Ketan in two minutes, Leena in five minutes and Rajesh in eight minutes. No more than two people can cross at a time; and when two cross, they have to go at the slower person's pace. How do they get across in 15 minutes?

Bollywood puzzle (3 points)

Identify this famous Bollywood heroine of yesteryears.



GK puzzle- (2 points)

Name the player who bowled the last over in the Final match of T20 World Cup - 2024.

Nature puzzle- (1 point)

Identify this plant

